



The tiger is symbolic of the physical world and the dragons signify the mental or spiritual world. Together the symbols represent a harmony between both worlds. The Chinese symbol Yin/Yan (Oom/Yung) stands for balance of life.

# 陰陽道

## OOM YUNG DOE™

The GRANDMASTER "IRON" KIM Style  
8 Complete Martial Arts Taught as One  
Always Having the Skill and Ability to Demonstrate



corner of roof →

One of the many personal achievements of Grandmaster "Iron" Kim is the Kyong Gong Sul Bope (flying side kick). Above is Grandmaster jumping from the top of a building. (The roof is visible in the lower right corner.) In 1970, Grandmaster "Iron" Kim demonstrated Kyong Gong Sul Bope by jumping from the equivalent of an 11-story building. In 1972, Grandmaster "Iron" Kim again demonstrated the Kyong Gong Sul Bope movement by jumping from the equivalent of an 8-story building both times landing without injury onto a sloped surface below.

### Community Event

**Oom Yung Doe** instructors and students teamed up with San Diego, California volunteers for the Annual California Coastal Cleanup Day.

Volunteers removed seemingly small and insignificant items like cigarette butts and food wrappers as well as large items including couches, tires, and various appliances. All of these items, no matter their size, are potential pieces of marine debris, and volunteers worked hard to prevent thousands of items from washing into our oceans. Therefore all items picked up are categorized. Then the data is recorded to help track what type of debris is in the area,



which helps environmentalists analyze the threat to the area and the sea life.

In an effort to stay green, this year's cleanup encouraged volunteers to bring their own bucket or reusable bag and their own pair of work or garden gloves. Bringing your own reusable cleanup supplies helped reduce the amount of waste being introduced into our landfills from the cleanup.

The California Coastal Cleanup Day covers much more than just San Diego. This project and now regular community event, helps us examine the entire west coast. There is a strong local pride in San Diego's Beaches and it's good to see everyone coming together to maintain them.

**Oom Yung Doe school's participation in The Annual California Coastal Cleanup Day this year was on September 25, 2010 at Pacific Beach - Rose Creek.**